

# WEEKLY LUNCH MEMU



# **MONDAY**

# **MAINS**

Sausage and mashed potatoes with onion gravy

Quorn sausage patties

## **SIDES**

Creamy mash

Carrots

Cabbage

Kale

## **DESSERTS**

Apple and vanilla crumble with custard

Fruit jelly, fresh fruit, yoghurt pots

# **TUESDAY**

## **MAINS**

Beef bolognaise

Stuffed peppers

## **SIDES**

Garlic bread

New potatoes with chives

Green beans with tapenade

Sweetcorn

## **DESSERTS**

Lemon syrup sponge

# **WEDNESDAY**

## **MAINS**

BBQ pork noodles

Chinese veggie noodles

## **SIDES**

Asian greens

Spiced carrots

Prawn crackers

## **DESSERTS**

Fruit salad

Fruit jelly, fresh fruit, yoghurt pots

# **THURSDAY**

## **MAINS**

Buffalo chicken

Buffalo cauliflower wings

### **SIDES**

Dirty rice

Corn on cob

Wilted greens

Sour cream and chives

## **DESSERTS**

Ginger cake with stem ginger syrup

Fruit jelly, fresh fruit, yoghurt pots

# **FRIDAY**

## **MAINS**

Spicy beef pizza

Fish and chips

Cheese and tomato pizza

## **SIDES**

Chips

Peas

Baked beans

Tartare sauce

Gherkins

## **DESSERTS**

Crispy cake

Fruit jelly, fresh fruit, yoghurt pots

Fruit jelly, fresh fruit, yoghurt pots



# WEEKLY LUNCH MENU



# **MONDAY**

## **MAINS**

Chicken korma

Roasted cauliflower & chickpea Korma curry

## **SIDES**

Steamed rice

Mint and garlic raita

Sag aloo

Lentil dhal

## **DESSERTS**

Pear, apple & chocolate crumble and custard

Fruit jelly, fresh fruit, yoghurt pots

# **TUESDAY**

## **MAINS**

Bacon mac 'n cheese

Mac 'n cheese

## **SIDES**

Cajun wedges

Peas

Roasted beetroot

## **DESSERTS**

Rice pudding with fruit compote

Fruit jelly, fresh fruit, yoghurt pots

# **WEDNESDAY**

## **MAINS**

Sausage casserole

Root & winter vegetable casserole

### **SIDES**

Mashed potatoes

Honey glazed carrots

Roasted cauliflower

## **DESSERTS**

Jam and vanilla sponge with custard

Fruit jelly, fresh fruit, yoghurt pots

# **THURSDAY**

## **MAINS**

Mexican beef chilli

Spicy bean chilli

### **SIDES**

Dirty rice

Sour cream

Tortilla chips

Sweetcorn

Green beans

## **DESSERTS**

Chocolate brownie

Fruit jelly, fresh fruit, yoghurt pots

# **FRIDAY**

# **MAINS**

Sloppy joe hot dog

Fish and chips

Veggie sloppy Joe hot dog

## **SIDES**

Chips

Baked beans

Garden peas

## **DESSERTS**

Selection of ice creams with toppers

Fruit jelly, fresh fruit, yoghurt pots

Soup of the day, a selection of hand made breads and a pasta & jacket potato bar also available daily!



# WEEKLY LUNCH MENU



# **MONDAY**

## **MAINS**

Katsu chicken

Aubergine katsu

## **SIDES**

Katsu sauce

Mirin rice

Curried parsnip

Asian greens

## **DESSERTS**

Apple and cinnamon crumble with custard

Fruit jelly, Fresh fruit, Yoghurt pots

# **TUESDAY**

## **MAINS**

Beef cottage pie with crispy potato topping

Veggie cottage with crispy potato topping

## **SIDES**

Crispy diced potatoes

Green beans

Carrots & swede

## **DESSERTS**

Fruit Flapjack

Fruit jelly, Fresh fruit, Yoghurt pots

# **WEDNESDAY**

## **MAINS**

Chipotle chicken thighs

Siracha roasted cauliflower

## **SIDES**

Thyme roasted potatoes

Roasted root vegetables

Garden peas

## **DESSERTS**

Berry sponge with custard

Fruit jelly, Fresh fruit, Yoghurt pots

# **THURSDAY**

## **MAINS**

Pork and chorizo ragu pasta

Mediterranean vegetable lasagne

## **SIDES**

Garlic bread

Sweetcorn

Broccoli

## **DESSERTS**

Banana loaf

Fruit jelly, Fresh fruit, Yoghurt pots

# **FRIDAY**

**MAINS** 

Burger in a bun with onions

Fish and chips

Spicy bean burger

## **SIDES**

Chips Tartare sauce

Baked beans Burger sauce

Garden Peas

Ketchup

## **DESSERTS**

Chocolate cookies

Fruit jelly, Fresh fruit, Yoghurt pots

Soup of the day, a selection of hand made breads and a pasta & jacket potato bar also available daily!