

Personal, Social & Health Education



Ethos

- To enable boys to have the information, awareness and maturity to make responsible and informed decisions.
- To recognise that their choices and actions will have consequences and to understand what these consequences might be.

How does it work?

- **Once a week** boys are in their form with their form tutor for **40 minutes** for a PSHE lesson.
- This happens in **every year**, from Year 1 to U6.



Outside Speakers



- Boys also often receive talks and workshops from outside experts
- Topics these experts come in to speak about include:
 - Drugs Awareness
 - Stress
 - Personal Safety
 - Smoking
 - Screen Time
 - Study Skills

What is Covered?

- Many, many different things.
- These include:
 - Sex & Relationship Education
 - Drugs, Alcohol and Tobacco Awareness
 - E-Safety



Citizenship

PSHE encourages many skills that help to develop citizenship

- Empathy and understanding of others
- Understanding of institutions and government
- Maturity and Thinking Skills



Why Is PSHE Important?

- Personal
 - It enables boys to grow and mature into confident young men.
 - It helps them through the turmoil of adolescence and enhances their well-being.
- Social
 - It helps them to develop the social skills needed to thrive and flourish
 - It enables them to understand different points of view and empathise with others in difficult situations, helping them when they too face similar difficulties
- Health
 - It helps them deal with the difficult issues of sex, drugs, alcohol.
 - It also helps them with puberty and personal hygiene.

Open Forums

- Every term each form is given the chance to discuss issues in the media that they are interested but may not be covered in an academic subject.
- These are a valuable opportunity for boys to develop their understanding of the world around them.



Fundamental British Values

- PSHE actively promotes the Fundamental British Values of
 - Democracy
 - The rule of law
 - Individual liberty
 - Mutual respect and tolerance of those with different faiths and beliefs
- This is achieved through lessons devoted to these areas as well as the approach and delivery of all lessons within the curriculum

Safeguarding

- PSHE delivers an important element of the school's safeguarding provision.
- Teaching pupils about different issues and challenges helps them to stay safe and make responsible decisions.
- This includes an understanding of the government's Prevent counter-terrorism strategy