

# Personal, Health & Social Education



# Ethos

- To enable boys to have the information, awareness and maturity to make responsible and informed decisions.
- To recognise that their choices and actions will have consequences and to understand what these consequences might be.

# How does it work?

- **Once a week** boys are in their form with their form tutor for **40 minutes** for a PHSE lesson.
- This happens in **every year**, from Year 1 to U6.



# Outside Speakers



- Boys also often receive talks and workshops from outside experts
- Topics these experts come in to speak about include:
  - Drugs Awareness
  - Stress
  - Personal Safety
  - Smoking
  - Screen Time
  - Study Skills

# What is Covered?

- Many, many different things.
- These include:
  - Sex & Relationship Education
  - Drugs, Alcohol and Tobacco Awareness
  - E-Safety



# Citizenship

PHSE encourages many skills that help to develop citizenship

- Empathy and understanding of others
- Understanding of institutions and government
- Maturity and Thinking Skills



# Why Is PHSE Important?

- Personal
  - It enables to boys to grow and mature into confident young men.
  - It helps them through the turmoil of adolescence and enhances their well-being.
- Health
  - It helps them deal with the difficult issues of sex, drugs, alcohol.
  - It also helps them with puberty and personal hygiene.
- Social
  - It gives them the social skills to thrive and flourish
  - It enables them to understand different points of view and empathise with others in difficult situations, helping them when they too face similar difficulties

# Open Forums

- Every term each form is given the chance to discuss issues in the media that they are interested but may not be covered in an academic subject.
- These are a valuable opportunity for boys to develop their understanding of the world around them.





# Fundamental British Values

- PHSE actively promotes the Fundamental British Values of
  - Democracy
  - The rule of law
  - Individual liberty
  - Mutual respect and tolerance of those with different faiths and beliefs
- This is achieved through lessons devoted to these areas as well as the approach and delivery of all lessons within the curriculum

# Safeguarding

- PHSE delivers an important element of the school's safeguarding provision.
- Teaching pupils about different issues and challenges helps them to stay safe and make responsible decisions.
- This includes an understanding of the government's Prevent counter-terrorism strategy