



PRAESTAT OPES SAPIENTIA

# HAMPTON SCHOOL

## First Aid Policy

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Date of review	November 2021	Date ratified by Governors	November 2021
Date of next review	November 2022	Reason for review	Annual review

## Introduction

In accordance with Health and Safety legislation (Health and Safety (First Aid) Regulations 1981) it is the responsibility of the Governing Body to ensure adequate and appropriate First Aid provision at all times when there are people on the School premises and for staff and pupils during off-site visits and activities.

ISI Regulatory Standard 3.1.3 (6) states that 'The School shall have and implement a satisfactory written policy on first aid'. Standard 5(l) specifies that 'there should be appropriate facilities for pupils who are ill.

## Aims and Objectives of the Policy

1. The policy outlines the support provided by the School to staff and to parents/guardians to ensure pupils' healthcare needs are met, and it recognises the professional obligation of the School Nurses.
2. This policy is a framework to facilitate the care of a sick or injured pupil whilst in the care of the School. The procedures within the policy outline the steps which will be taken, and the support which will be provided to those pupils who are sick or injured at School.
3. The policy is available to all staff and to prospective or current parents/guardians.
4. The policy will be reviewed annually and any changes to practice that are required will be made.
5. The School Nurses aim to treat and prevent ill health, promote healthy living, empower pupils to take responsibility for their own healthcare, and enable them to make informed choices by providing up-to-date information.

## Provision of First Aid Personnel and Equipment

The School has a Medical Room and there is a qualified nurse on duty from 8.30am-5.00pm, Monday to Friday, who is available to administer first aid, deal with any incidents or emergencies, or help someone who is taken ill.

The Medical Room can be contacted via radio from Reception or by calling the School's main telephone number – 020 8979 5526 - or the Bursary Office on 020 8979 0476. Alternatively, The School Nurse can also be contacted by email on [nurse@hamptonschool.org.uk](mailto:nurse@hamptonschool.org.uk).

In the absence of the School Nurse, Reception should be the next point of contact to locate a trained first aider. A notice will also be displayed on the door of the Medical Room giving details of how to obtain help.

Pupils and staff can access the Medical Room freely without accompaniment during the school day. The exception to this would be if there was a concern for their safety, for example if they had sustained a head injury, in which case they should be accompanied either by a member of staff or another pupil. The pupil will be assessed by the School Nurse or First Aider prior to treatment or being sent home. If the injury requires hospital treatment then parents will be contacted or, in cases of an emergency, an ambulance will be called. A record of medication and treatment given is recorded in the daily medical log.

### The School Nurse(s) is responsible for:

- Providing First Aid support during school hours
- Informing parents of any incident where significant injury or illness has occurred. If the injury is a suspected head injury, please also refer to the specific policy (**K10 – Head Injury & Concussion policy** [School Policies](#)).
- Liaising with the Health and Safety Committee on First Aid issues
- Organising provision and regular replenishment of First Aid equipment
- Entering information onto the Evolve Accident Book system and following up on incidents as necessary.
- Training staff on drug administration for trips and for cover in the absence of a nurse.

### **Qualified First Aiders are responsible for:**

- Responding promptly to calls for assistance
- Providing First Aid support within their level of competence
- Summoning medical help as necessary
- Recording details of treatment given on an Incident Form (when the Evolve Accident Book system is operational, it will replace the manual forms and staff will record incidents electronically).

### **The Director of Sport (CTM – Carlos Mills) is responsible for:**

- Ensuring appropriate First Aid cover is available at all sports activities
- Ensuring First Aid kits are available for all matches Ensuring that any sport-related incident is recorded on an Incident Report form (when the Evolve Accident Book is operational, staff will record incidents electronically).
- All staff are responsible for:
  - Acting in the capacity of a responsible adult in the event of an emergency.
  - Accurately recording all incidents and accidents on an Incident Form (when the Evolve Accident Book system is operational, incidents will be recorded electronically).
  - Carrying out risk assessments for any off-site trips, and ensuring adequate First Aid provisions are taken. First Aid Kits are available from the School Nurse. It is preferable that a qualified adult accompanies any School trip.

## **First Aiders**

The School has a number of members of staff who are trained and qualified as First Aiders (**Appendix 1**). The Senior Tutor, Mr Clarke (DRC), in conjunction with the School Nurse, is responsible for identifying First Aid training needs and for maintaining a record of all staff that are trained or who require further updates. All School staff are encouraged to take part in First Aid training.

A First Aider is qualified to give immediate help to casualties with common injuries and illnesses and those arising from specific hazards in School, and must complete a three-day HSE approved “First Aid at Work” (FAW) training course and hold a valid certificate of competence: the certificate is valid for three years and the Senior Tutor will organise refresher training before the expiry date.

Emergency First Aiders are members of staff who are not qualified First Aiders but who are responsible for looking after the First Aid equipment and facilities and calling the emergency services if required. Emergency First Aiders can, if necessary, administer First Aid. Emergency First Aiders have had six contact hours of Emergency First Aid Training provided for them.

## **Appointed Trainers**

Hampton School has an Ofqual recognised First Aid trainer on the staff and when necessary, appoints Surrey First Aid Training Ltd or St John’s Ambulance as their specialist advisers and trainers for First Aid.

## **First Aid Boxes**

First Aid boxes are located in many areas and Departments around the School. Eye wash stations are also provided in some Departments for emergency eyewash irrigation (**Appendix 2**).

First Aid boxes are clearly marked and each container adheres to the British Standard 8599. The School Nurse is responsible for checking and re-stocking First Aid boxes and for maintaining the annual register. Any staff using the contents of a First Aid box must notify the School Nurse so that items can be replaced. The contents of First Aid boxes may vary, depending on particular needs in a specific location, and these boxes are checked regularly during Health & Safety audits. The location of all First Aid boxes is outlined in **Appendix 3**.

A First Aid kit should be taken to all off-site activities and visits. Kits suitable for use on day trips and those involving overnight stays are available from the School Nurse and are checked by the appointed First Aider for the trip and the School Nurse. The teacher in charge of the trip is responsible for ensuring that the

parental consent form is signed and completed with any relevant medical information for each pupil. All School vehicles contain First Aid boxes and these are monitored on a regular basis by the Keepers as part of their safety checks. They also form part of the regular Health & Safety audit checks along with defibrillators and eye-wash stations.

There are portable First Aid kits in the Sports Department, which must be taken to all matches. The kits must be returned to the Sports Hall for checking and restocking after every use (the kits are currently checked by MKS (i/c sports rehabilitation)). To further enhance the medical provision available for pupils involved in sports fixtures, MRI Events, a private company, provides First Aid cover for rugby and football home fixtures on Saturdays. A qualified physiotherapist has been employed to cover sport on Wednesday afternoons and Saturday mornings.

First Aid kits are also held in the Adventure Society stores for use on both Adventure Society and Duke of Edinburgh Award trips. These kits are overseen by the Adventure Society staff.

## Defibrillators

The School has four defibrillator support systems for associated emergencies in the School. These are located in the main School entrance behind the Reception desk, in the Hammond Theatre foyer, by the entrance to the Sports Pavilion and at the Boat House. A number of staff have been trained to use a defibrillator but they are designed to be used by any responsible person, with or without training, in an emergency. Clear guidance on the use of defibrillators can be found in the School's policy on Firefly (**K09 – Defibrillator Policy** - [School Policies](#)). The defibrillators are checked on a weekly basis and these checks are recorded by the Facilities Manager.

## Pupils' Medical Information

Parents/guardians must complete a health questionnaire prior to a pupil's entry into the School. The questionnaire outlines significant past medical problems, current ailments and present treatment, as well as known allergies and the dates and details of all immunisations. This information is essential for use by the School Nurses in order to support the health and welfare of the School as a whole. The questionnaire includes consent for appropriate and trained School staff to administer approved medications, including emergency medications such as auto-adrenaline for anaphylaxis and salbutamol for asthma. Consent is also sought to administer other medicines such as Paracetamol, Ibuprofen and antihistamine as required. Further information regarding this can be found in the School's policy on Firefly (**K08 - Administration of Medicines Policy** - [School Policies](#)).

New pupils and staff are given information about the Medical Room as part of their induction into the School.

## Arrangements for pupils with allergies and medical conditions

The information held by the School includes a record of pupils who need to have access to asthma inhalers, auto injector devices (such as EpiPens, emerade or Jext), insulin injections or similar, and this information is circulated to First Aiders and other staff on a need to know basis.

It is expected that individual pupils will carry their own emergency medical equipment. Spare emergency medicines are stored with the School Nurses in the Medical Room.

Within the School population, there are a number of pupils who may suffer from asthma, epilepsy, diabetes and anaphylaxis. Further information is provided in **Appendix 4**.

## Procedure in the event of an accident or injury

- All casualties in School should be assessed by a School Nurse/ First Aider who should be called to attend without delay. Whenever possible, someone should remain with the casualty until help arrives.

- All casualties on the sports field should be assessed by a medic/First Aider. Anyone sustaining an injury during the School week should be sent to the Medical Room with an escort or, if necessary, the School Nurse should be summoned. Incidents occurring at the weekend, during matches, will be assessed by staff from MRI.
- Any pupil sustaining a suspected concussion or shock, or who have difficulty in walking following an accident, should be escorted to the Medical Room during the School week where an assessment will be made and appropriate measures taken. If such an incident occurs during a weekend sports fixture, staff from MRI will make an assessment and take appropriate action. All incidents must be fully recorded on the Evolve Accident Book system either by the teacher i/c or by the School Nurse.
- In the event of a pupil sustaining an injury during a sports fixture, the referee is responsible for stopping the game and ensuring that the injured player is given the necessary space to be treated by qualified medical staff or First Aider.
- In the event of potentially serious injury - particularly neck, head or back injuries – the casualty must NOT be moved. The First Aider or medical staff in attendance should take control of the situation and an ambulance must be called.
- If an ambulance is called, a responsible adult should go to the front of the School to give directions to the ambulance crew. Parents /guardians of the casualty must be notified immediately and a responsible adult should accompany the casualty to hospital, giving clear written details of the incident to the medical staff together with information regarding any treatment/drugs administered.
- For all cases of concussion, the RFU guidelines are followed: players suspected of having concussion, or diagnosed with concussion, must go through a graduated return to play protocol (GRTP). Please refer to the School's Head Injury & Concussion Policy on Firefly
- **(K10 – Head Injury and Concussion Policy [School Policies](#)).**

The School recognises that Staff acting as First Aiders can only give treatment about which they feel confident. An ambulance must be called when there is not sufficient expertise or equipment to control a medical situation and when it is not appropriate to move the patient.

If an accident occurs off site and there are no medical facilities, the member of staff i/c can contact the School Nurse for advice via the School's main telephone number (020 8979 5526) or via the Bursary (020 8979 0476). Alternatively, medical advice can be sought by dialling 111. If there is any doubt, staff should dial 999.

## Emergency Medical Parental Consent

Should it prove difficult to contact a pupil's parents/guardians in the event of an emergency, the School's current Terms and Conditions allow The Headmaster, or his appointed staff, to take any necessary action or provide a doctor or hospital staff with any necessary medical information and consent. In such circumstances, due consideration would be given to a boy's recorded ethical or religious background.

## Ambulances

To call an ambulance from a School telephone dial '999' for the emergency services.

When an ambulance is called, the First Aider, or medical staff handling the incident, should ensure that the exact location of the incident is clearly communicated and that the ambulance will have

access to the necessary location. If the incident has occurred on the School site, they should also ensure that the ambulance is met at the front of the School by a member of staff.

If it not possible to contact a pupil's parents immediately, arrangements should be made to ensure that the pupil is accompanied in the ambulance, or followed to the hospital, by a member of staff.

Staff should always call an ambulance in the following circumstances:

- In the event of a serious injury or illness
- In the event of any significant head injury
- In the event of a period of unconsciousness

- Whenever there is the possibility of a serious fracture or dislocation
- In the event that the School Nurse or First Aider considers that he/she cannot deal adequately with the presenting condition by the administration of First Aid or if he/she is unsure of the correct treatment.

## **Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995 (RIDDOR)**

It is a legal requirement to report certain accidents and ill health at work to the Health & Safety Executive: for example, death, major injuries, accidents resulting in over seven days' absence due to injury, diseases, dangerous occurrences and gas incidents. The Deputy Bursar has responsibility for RIDDOR.

### **Recording of Incidents**

Accidents and major incidents are recorded on electronically on the Evolve Accident Book system, in the main by the School Nurse(s). HoYs and HoDs have had some training on how to log an accident/incident.

Data is extracted regularly from the system, analysed and followed up as necessary.

The system allows for any documentation pertaining to a specific incident to be uploaded.

The termly logs are overseen by the Health and Safety Committee and then signed off by The Headmaster and a Governor responsible for Health and Safety.

## **Infection Control**

### **Universal precautions**

Body fluids include blood, urine, vomit and faecal matter. All must be regarded as potentially infectious and dealt with in a safe and effective manner.

### **Spillage Procedure**

- In the event of blood loss or vomiting the School Nurse must be informed immediately to provide the appropriate treatment to the affected person.
- The area of the incident should be made safe by the first member of staff at the scene using warning signs if necessary. Where appropriate the spillage may be covered with disposable towels.
- The cleaning staff / caretaker's department should be notified.
- Disposable personal protective equipment (PPE), such as gloves and aprons, is available in the Medical Room, as are disinfectant solutions.
- The spillage must be cleared at the earliest opportunity.
- Aero hazard body fluid disposal kits are available in the Medical Room and in the Caretaker's Room.
- The spillage should be completely covered.
- Allow approximately 90 seconds before scooping debris into a suitable disposable bag – preferably a yellow clinical waste bag.

### **Clinical waste**

- Clinical waste is placed in a designated waste container that meets regulations in the Medical Room and the bags are disposed of via a regular collection. Sharps and contaminated sharps are disposed of in a designated bin and disposed of as above.

## Appendix 1 – First Aiders (as at Oct. 2021)

Full Name	Initials	EM 1st Aid AW	2 Day OUTDOOR	3 Day FAW	RLSS 1	NWS 2	FAR FROM HELP
Mr H Agulian	HA	07 Jan 2020					
Mr R Amirouche		07 Jan 2020					
Mr C Arnold	CPA			FAW Oct 2018			
Mrs E Arnott	EA	07 Jan 2020					
Mr C Aubrey	CJA	06 Jan 2020					
Mr T Aucutt	TRA	06 Jan 2020					
Mr G Bailey	GNB	06 Jan 2020					
Mr G Baker	GKB	07 Jan 2020					
Mr J Baker	JB	07 Jan 2020					
Mr M Baker	MMB	07 Jan 2020					
Mr A Bannerjee	AB			FAW March 19			
Mr A Bannister	AJB	07 Jan 2020					
Mr W Barber	JWB	07 Jan 2020					
Mr R Barratt		07 Jan 2020					
Mr T Barun		07 Jan 2020					
Mr A Beattie	ABE	07 Jan 2020					
Mr A Beckwith				FAW July 2019			
Ms M Bedford	MBE	07 Jan 2020					
Mr B Bett	BSB	07 Jan 2020					
Mr C Blachford	CJB	07 Jan 2020					
Mr J Blighton		07 Jan 2020					
Mr M Boardman	MB	06 Jan 2020					
Mrs H Booker	HVB	07 Jan 2020					
Ms F Brito		07 Jan 2020					
Ms C Brown	CBR		Outdoor Nov 19				
Mr D Brown				FAW March 19			
Mrs T Browning		07 Jan 2020					
Mrs S Buckley	SAB	07 Jan 2020					
Mr D Burke	DSB	FA oct 2019					
Ms G Busby	GJB	07 Jan 2020					
Mr B Clark	BJC	07 Jan 2020					
Mr G Clark	GHC		Outdoor Nov 19				
Mr D Clarke	DRC		Outdoor Nov 19	FAW Oct 2018	May-18	May-20	May-18
Mrs H Clarke	HC	06 Jan 2020					
Dr L Colvine		07 Jan 2020					
Ms J Condon	JRC			FAW Nov 2018			
Ms C Conway		07 Jan 2020					
Mr B Cook	BC	07 Jan 2020					
Mrs L Craddock (HR)		06 Jan 2020					
Mr J Cumberbatch				FAW Nov 2018			
Mr M Curtis	MCU	06 Jan 2020					
Ms M Cervantes	MDC	07 Jan 2020					
Miss A Czumaj	AEC	06 Jan 2020					

Full Name	Initials	EM 1st Aid AW	2 Day OUTDOOR	3 Day FAW	RLSS 1	NWS 2	FAR FROM HELP
Mr R Davieson	RJD	07 Jan 2020					
Mrs N Day		07 Jan 2020					
Mr N Double	NJD	07 Jan 2020					
Mr A Doyle	APD	07 Jan 2020					
Mr G Dragonov	GTD	07 Jan 2020					
Miss M Dubost		07 Jan 2020					
Mr J Duffield				FAW March 19			
Mrs C Elia		7 July 2019					
Mr R Eliot				FAW July 2019			
Miss A Esmond		07 Jan 2020					
Ms E Esser	ELE	07 Jan 2020					
Ms J Estall		07 Jan 2020					
Mrs F Estavillo		07 Jan 2020					
Mr D Fendley	DJF	07 Jan 2020					
Ms J Field	JAF	07 Jan 2020					
Ms B Frith	BKF	06 Jan 2020					
Mr D Fuldner	DF	07 Jan 2020					
Ms R Galan (physics Tec)		07 Jan 2020					
Ms S Garrido-Soriano	SGS	07 Jan 2020					
Mrs A Ghaney				FAW Nov 2018			
Miss A Goodman	AG	07 Jan 2020					
Mr S Gordon	SDG	07 Jan 2020					
Mr S Gray	SG		Outdoor Oct 19				
Mr C Greenaway	CPG	07 Jan 2020					
Ms C Griffin		07 Jan 2020					
Mr J Griffin				FAW Feb 21			
Mr D Griller	DG	06 Jan 2020					
Mrs K Hadrill		7 July 2019					
Mr R Hardman	RHA	06 Jan 2020					
Mrs S Harradine		06 Jan 2020					
Mr C Harrison		07 Jan 2020					
Mr C Haynes				FAW Feb 21			
Mrs S Havord	SHA	07 Jan 2020					
Mr K Helmsley		07 Jan 2020					
Dr S Hendry	SAH	07 Jan 2020					
Mr T Hill	THE	07 Jan 2020					
Mr J Holdaway	JSH	07 Jan 2020					
Mr H Hooper				FAW Feb 21			
Mr J Hope	JMH	06 Jan 2020					
Mr D Hughes				FAW Oct 2018			
Mr G Hunt				FAW March 19			
Mr C Hurst	CH			FAW Nov 2018			
Mrs E Hutchinson		07 Jan 2020					
Ms J Iredale		07 Jan 2020					
Ms Y Isaeva		07 Jan 2020					
Mrs J James	JPJ	07 Jan 2020					
Mr R Jarvis				FAW Feb 21			
Mrs N Jefferson		07 Jan 2020					
Ms E Jemson				FAW March 20			



Full Name	Initials	EM 1st Aid AW	2 Day OUTDOOR	3 Day FAW	RLSS 1	NWS 2	FAR FROM HELP
Mrs D Jones		22 July 19					
Mr G Jones (BC)		07 Jan 2020					
Mrs N Jordan		07 Jan 2020					
Mr O Keattch (DT Tec)		07 Jan 2020					
Ms A Kellova		07 Jan 2020					
Mr B Khanna	BK	07 Jan 2020					
Mr M King				FAW July 2021			
Mrs S Kirby	SJK	07 Jan 2020					
Mrs J Knibbs	JFK	07 Jan 2020					
Ms R Kugele	RK	07 Jan 2020					
Mr P Langton	PHL	07 Jan 2020					
Mr A Lawrence	AJL	07 Jan 2020					
Mr C Lori	CL			FAW Nov 2018			
Mr C Malston	CAM	07 Jan 2020					
Mrs K Martin	KLM	07 Jan 2020					
Mrs S May	SEM	07 Jan 2020					
Mr H McTernan	HRM	07 Jan 2020					
Ms P Message	PZM	07 Jan 2020					
Miss L Michelsen	LM	07 Jan 2020					
Mr C Mills	CTM		Outdoor Oct 19				
Mrs K Mimmagh	KM	07 Jan 2020					
Mr H Moore	HSM	07 Jan 2020					
Mrs J Moore	JGM	07 Jan 2020					
Miss C Morris		7 July 2019					
Mr O Morris	JOM	07 Jan 2020					
Mr J Neville	JN	07 Jan 2020					
Mrs R Nicholson	RJN	07 Jan 2020					
Miss N Noble	NN	27-Nov-18					
Ms R O'Connor	ROC	07 Jan 2020					
Mrs L Oldfield	LEO	07 Jan 2020					
Mrs J Owen	JCO	07 Jan 2020					
Mrs S Pallas (HR)		07 Jan 2020					
Mr S Paraskos	SP	07 Jan 2020					
Ms A Parkin		07 Jan 2020					
Mr J Parrish	JP	07 Jan 2020					
Mrs H Partridge	HEP	07 Jan 2020					
Mrs J Peattie	JLP	07 Jan 2020					
Miss H Peck	HJP	07 Jan 2020					
Mrs S Phillips		7 July 2019					
Mrs A Polise		07 Jan 2020					
Mr M Preston	MIP	07 Jan 2020					
Ms L Puljic	LP	07 Jan 2020					

Full Name	Initials	EM 1st Aid AW	2 Day OUTDOOR	3 Day FAW	RLSS 1	NWS 2	FAR FROM HELP
Mrs S Reeve	SR	07 Jan 2020					
Mrs C Reilly	CFR	07 Jan 2020					
Ms C Reyner	CHR	06 Jan 2020					
Mr M Richards	MR	07 Jan 2020					
Mrs C Rigby	CER	06 Jan 2020					
Mr T Rigby	TFR	07 Jan 2020					
Mrs S Rivers				FAW Feb 21			
Mr D Roland	DER	07 Jan 2020					
Mrs E Rommer		07 Jan 2020		FAW Nov 2018			
Mr N Rowett (BC)		07 Jan 2020					
Mrs A Samuel	AES	07 Jan 2020					
Mr J Sarpong	JOS	07 Jan 2020					
Mr D Saul	DS		Outdoor Nov 19	FAW Oct 2018			
Mrs K Saul (Admissions)		07 Jan 2020					
Mr D Schofield	DAS	07 Jan 2020					
Mr M Scott	MS	07 Jan 2020					
Mr C Schurch	CMS		Outdoor Nov 19	FAW Nov 2018			
Mr O Semar		07 Jan 2020					
Mrs S Shaw		07 Jan 2020					
Mrs V Short	VS	06 Jan 2020					
Mr M Sims	MKS	10 May 19					
Ms V Smith	VMS	07 Jan 2020					
Mr N Stebbings	NJS	06 Jan 2020					
Mr M Stockdale	MDS	07 Jan 2020					
Mrs M Stuart	MGS	07 Jan 2020					
Ms H Taylor		06 Jan 2020					
Mr S Thomson	STH			FAW March 19			
Ms L Teunissen	LAT	07 Jan 2020					
Mr V Ting	VHT	07 Jan 2020					
Mr R Trivedi	RRT	06 Jan 2020					
Mr P Turner	PGT	07 Jan 2020					
Mr G Van Mook	GVM	06 Jan 2020					
Mrs D Wainer (Chem Tec)		06 Jan 2020					
Ms M Watson-Evans	MWE	06 Jan 2020					
Mr M Webb				FAW March 19			
Mr D Whitby				FAW Feb 2021			
Mrs A White	AJW	07 Jan 2020					
Mrs K White	KNW	07 Jan 2020					
Mrs V Whitwam	VCW	07 Jan 2020					
Mrs S Willcox	SW	07 Jan 2020					
Mr A Wilkinson	SAW	07 Jan 2020					
Miss K Willett	KEW	07 Jan 2020					

Full Name	Initials	EM 1st Aid AW	2 Day OUTDOOR	3 Day FAW	RLSS 1	NWS 2	FAR FROM HELP
Mrs S Willcox	SW	07 Jan 2020					
Mr A Wilkinson	SAW	07 Jan 2020					
Miss K Willett	KEW	07 Jan 2020					
Mrs K Williams	KAW	07 Jan 2020					
Mr S Winfield				FAW March 19			
Mrs G Winskell (Chem Tec)		07 Jan 2020					
Ms A Winstock	ARW	07 Jan 2020					
Mr N Wood	NDW	07 Jan 2020					
Miss D Woodward	DCW	07 Jan 2020					
Mr M Yates	MGY	07 Jan 2020					
Mrs S Yoxon	SCY	07 Jan 2020					
Mrs H Zhang	YHZ	07 Jan 2020					

Emergency FAW: 157  
2 Day outdoor: 7  
3 Day FAW: 28

RLSS 1 = One Day Rescue Test for Teachers

NWS 2= National Water Safety Management Programme - valid for two years



PRAESTAT OPES SAPIENTIA

# HAMPTON SCHOOL

## Appendix 2 First Aid Kit Locations

### Hampton Main Building

Location	Number
Art	2
Biology	9
Bursary	1
Keepers rooms	2
Chemistry	10
Cleaners room	1
Design Technology	3
Garrick	1
Front Reception	1
Geography office	5
Hammond theatre office	1
Hammond Theatre	1
Medical room	1
Maintenance office	1
Music	1
Physics	8
Greenhouse	19
Staff common room	1

### Pavilion & Grounds staff building (Area 4)

Location	Number
Adventure Society Store	10
Grounds staff mess room	1
Grounds staff garage	3
Pavilion kitchen	1

### Sports Department

Location	Number
Sports Hall office	1
Travelling bags (i/c M Sims)	33
Boat House	2 + 6 in boats

### School vehicles

Location	Number
Minibus 1	1
Minibus 2	1
Minibus 3	1
Minibus 4	1
People Carrier 1	1
People Carrier 2	1
People Carrier 3	1
Ford Transporter	1
Boat Club 4x4	1
Catering van	1
Maintenance van	1

### Defibrillators

Location	Number
Main Entrance – behind Reception	1
Hammond Theatre foyer	1
Sports Pavilion entrance	1
Boat House	1

### Eye Wash

Location
All Chemistry laboratories
All Physics laboratories
All Biology laboratories
Design Technology
Grounds staff
Boat House

Date of review	November 2021	Date ratified by Governors	November 2021
Date of next review	November 2022	Reason for review	Annual review

## **Appendix 3            First Aid boxes List of contents in an average kit**

### **First Aid guidance leaflet**

- 2 x medium sterile dressing
- 2 x large sterile dressing
- 2 x triangular bandage
- 2 x safety pins
- 4 x alcohol free cleansing wipes
- 10 x sterile saline solution pods
- 10 x sterile plasters
- 1 x eye pad sterile dressing
- 1 x roll adhesive tape
- 1 x resuscitation face shield
- 1 x foil blanket
- 1 x burn dressing
- 2 x disposable gloves
- 1 x scissors
- 1 x conforming bandage
- 1 x small clinical waste bag
- Incident Form and pen

## **Appendix 4                      Treatment Guidance for Asthma, Epilepsy, Diabetes and Anaphylaxis**

### **All First-Aid trained staff have had additional training for dealing with Asthma, Epilepsy, Diabetes and Anaphylaxis.**

#### **Asthma**

- Pupils with asthma should always carry their blue inhaler with them and parents are requested to provide a spare, named inhaler which should be given to the School Nurse in the Medical Room in case of emergency. Any other medication or equipment, such as a spacer, should also be kept in the Medical Room for safe keeping.
- All unstable asthmatics should have an individual Care Plan. Form Tutors should refer to this and be familiar with any boys in their form who require additional medical needs.
- Pupils who suffer from exercise induced asthma should be provided with the opportunity, if required, to have a puff of their inhaler before they start exercise.
- Pupils should always carry an inhaler whilst on the school premises, including any offsite activities, i.e. sports held at any venue and school trips. Staff will also take the emergency medication from the medical room when a pupil goes on a school trip.
- The School Nurses holds a register for signing these medications in and out.

#### **Asthma Attack Guidelines**

- Any of the following might trigger an attack
  - Cold (e.g. cold, frosty mornings)
  - Hayfever
  - Exercise
  - Excitement or prolonged laughing
  - Fumes (e.g. glue, paint, fumes from experiments)
  - Viral infection (e.g. common cold)
  - Allergic reaction (e.g. food; animals)
  - Wood dust
  - Stress (though this rarely in itself triggers an attack)
- Under no circumstances should a member of staff leave a pupil unattended. The pupil is likely to have experienced such attacks before and will usually know what to do be advised by him, or her, as to what is likely to be most effective.
- There are, however, some standard procedures, in the case of a mild attack, which staff should initially follow before assessing whether to summon the Nurse
  - Stay calm and reassure the pupil
  - Sit the pupil upright, or leaning forward slightly, as this will assist breathing. Do not make him, or her, lie down
  - Make sure that the pupil is comfortable
  - Ensure that the reliever inhaler (blue) is taken promptly to open up the narrowed air passages
  - Administer two puffs

### **If on the main school site**

- Encourage the pupil to breathe slowly and deeply.
- If, after two minutes, the pupil feels that improvement is not quite good enough, encourage him or her to use the reliever inhaler again.
- If there has been no improvement after five minutes, accompany the pupil to the Medical Room to be assessed by the School Nurse.
- If symptoms resolve the pupil may go back to class. If no improvement, parents will be contacted and, if necessary, the child will be transferred to hospital, accompanied by an adult. Up to 10 puffs of Ventolin can be given.
- If not on the main school site
- Encourage the pupil to breathe slowly and deeply and have two puffs of their Ventolin inhaler.
- If, after two minutes, the pupil is not improving, encourage him or her to use the reliever inhaler again.
- If there has been no improvement after five minutes, contact the parents and emergency services.
- Up to 10 puffs of Ventolin can be given.

### **Epilepsy**

Epileptic seizures are caused when there is a sudden burst of intense electrical activity in the brain. There are two types@

- **Focal seizures:** the person may not be aware of their surroundings or what they are doing. They may behave unusual e.g. make unusual noises, pluck at their clothes or wander around.

#### **Treatment**

- Protect them from injury e.g. guide them from dangers such as roads or water.
  - Remain with them until recovery is complete
  - After the seizure, reassure the person
  - Explain anything they may have missed.
  - DO NOT restrain them
  - DO NOT attempt to bring them around
  - DO NOT assume they are aware of what is or has happened.
- **Tonic-clonic seizures:** the person goes stiff, loses consciousness, falls to the floor and begins to convulse.

#### **Treatment**

- Stay with the person
- Time the seizure
- Protect from injury
- Loosen anything tight around the neck.
- DO NOT restrain the person
- DO NOT put anything in their mouth
- Once the seizure subsides place the person in the recovery position
- After the seizure, reassure the person.

#### **Contact the emergency services if**

- It is their first seizure
- The seizure lasts longer five minutes.
- The seizures are repeated (Status Epilepticus)
- They have seriously injured themselves in the course of the seizure.

- If a parent is unable to accompany a pupil to hospital, a member of staff should go with them and stay until a parent is available.

## Diabetes

**Hypoglycaemia (too little glucose in the blood) and Hyperglycaemia (too much glucose in the blood).**

Signs & Symptoms	HYPERglycaemia	HYPOglycaemia
Amount of insulin	Not enough	Too much
Deterioration	Gradual	Very Quick
Hunger	Absent	Present
Thirst	Present	Absent
Breath odour	Fruity/sweet	Normal
Pulse	Rapid and weak	Rapid and strong
Breathing	Rapid	Normal
Skin	Dry and warm	Pale, cold and sweaty.
Consciousness	Drowsy	Rapid loss of consciousness

## Action

- Anybody showing symptoms of Hyperglycaemia or Hypoglycaemia should be accompanied to the Medical Room
- Treatment of Hypoglycaemia in a pupil should be carried out according to the individual Care Plan, e.g. offer a sugary drink or sweet food.
- If a pupil is semi-conscious or unconscious, convulsing or unable to take anything by mouth, place in the recovery position, nil by mouth, call the School Nurse and dial 999.
- Treatment of Hyperglycaemia in a pupil should be carried out according to the individual Care Plan. The pupil will be aware of this and explain what needs to happen.

## Anaphylaxis

**Anaphylaxis** is a severe allergic reaction requiring immediate medical attention. The reaction usually occurs within minutes of exposure to the “trigger” substance although rarely the reaction may be delayed for up to a few hours. Common triggers include peanuts, tree nuts, eggs, cow’s milk, shellfish, insect stings and drugs such as Penicillin and Aspirin.

**Signs and symptoms** of anaphylaxis may include any or all of the following

- Itchy urticarial rash (“hives”) anywhere on the body
- Runny nose and watery eyes
- Nausea and vomiting
- Dizziness
- Swelling of lips, tongue and throat



- Cough, wheeze or tightness of the chest
- Sudden collapse or unconsciousness

**Treatment** is as per the individual child's Care Plan.

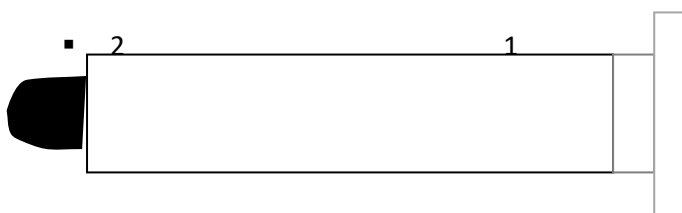
### Management in School

- Parents should inform the School of their child's allergy as soon as possible.
- The School Nurse will discuss with parents the specific arrangements for their child.
- Parents should teach their child how to manage his own allergy, about safe and unsafe foods, how to recognise an allergic reaction, when to alert an adult and how to self-administer emergency medication.
- The School Nurse will inform all teaching staff and the School's Catering Manager of the child's allergy and treatment.
- The School Nurse will display a list of pupils with severe allergies (with photographs) in the Common Room.
- Annual training will be given to all staff in the recognition and treatment of anaphylaxis, use of Auto injector device and how to summon help in an emergency.
- Catering staff will take all reasonable steps to ensure suitable food is available and will advise students on ingredients and food choices as required.
- It is expected that the student will carry emergency medication (adrenalin auto injector) with him at all times in school together with any other emergency medication e.g. asthma inhalers.
- A spare universal adrenaline auto injector is held in the medical room, at reception and in the pupils' dining hall.
- Spare emergency medicines should be stored with the School Nurse in the Medical Room.
- Specific arrangements should be made with staff and the student for after-school or weekend activities and for school trips and visits.
- Teaching staff should discuss specific arrangements with parents prior to any lessons which include any food-related activities.
- Parents are responsible for maintaining up-to-date supplies of medication.

### Anaphylaxis - Treatment Guidelines

- Take the pupil to the Medical Room or call the School Nurse or First Aider as soon as possible.
- Treatment is according to the child's individual care plan.
- If an adrenalin auto injector device is used, the casualty MUST go to hospital for observation (effects of injection wear off in approximately 20 minutes).
- If the child is taken to hospital it may be necessary for a member of staff to accompany the child and stay until the parents arrive.
- Record the incident on the Evolve Accident Book system.
- Remind parents to replace medication as necessary

### Instructions for the use of the adrenalin auto injector device



- Remove the safety cap.
- Place the opposite end on casualty's upper outer thigh holding it at right angles to the leg (it is not necessary to remove clothing).
- Press adrenalin auto injector firmly against the thigh; a "click" will be heard as the injector mechanism fires.

- Keep the adrenalin auto injector at right angles to the leg and remove by pulling away from the leg. Massage the injection area for ten seconds.
- If after 5 – 15 minutes there is no improvement, give a second adrenalin auto injector.
- Put the used adrenalin auto injectors in a safe place. You will need to show them to the Ambulance crew.
- Call 999 for an ambulance if you have not already done so.
- Stay with the casualty, reassure and observe.
- Ask someone to contact parents.

## **Appendix 5 Covid-19**

A comprehensive Risk Assessment has been prepared by the School which outlines all protocols and procedures associated with Covid-19. This risk assessment is available to all staff on Firefly and is updated regularly in the light of reviewed practice and updated guidance.