



PRAESTAT OPES SAPIENTIA

# HAMPTON SCHOOL

## DRUGS EDUCATION POLICY

### Policy on Substance Use and Misuse

The School will not tolerate the use, misuse, possession or supply of illegal substances, or any action promoting these. Any incident will be referred to the Deputy Headmaster (Pastoral), Owen Morris (JOM), who will take appropriate action, which may involve exclusion from the School. Please refer to the Behaviour, Rewards, Sanctions, Discipline and Exclusions Policy for further information.

### The Law on Drugs

Under the *Misuse of Drugs Act 1971* it is an offence:

- to offer or supply drugs to another person
- to be in possession of drugs or to possess drugs with the intention of supplying them to another person
- for the occupier or manager of premises knowingly to permit the use of drugs on those premises or to allow their supply or production

### Statutory provision within maintained schools

In accordance with section 1 of the *Education Reform Act 1988*, any school curriculum should be one which:

- a) promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society
- b) prepares such pupils for the opportunities, responsibilities and experiences of adult life

This includes giving all pupils the opportunity of receiving a comprehensive programme of drugs education during their school careers.

The Government has therefore provided that in all maintained schools:

- at Key Stage 3 (11-14 year olds) pupils should be taught that the abuse of alcohol, solvents, tobacco and other drugs affects health and that the body's natural defences are enhanced by medicines and how smoking affects lung structure and gas exchange,
- at Key Stage 4 (14-16 year olds) pupils should be taught about the effects of solvents, tobacco, alcohol and other drugs on body functions
- the governing body must make available to all parents a written statement of their policy on drugs education
- the parents of a pupil may, if they wish, withdraw that pupil from all or part of the drugs education provided in a Personal, Social and Health Education (PHSE) programme.

Date updated	January 2018	Date ratified by Governors	March 2018
Date for next review	January 2019	Reason for review	Annual Review

## **Description of School**

Hampton School is an independent day school for around 1250 boys aged between 11 and 19, with a Sixth Form of around 350-400. The majority of boys enter the School at 11+; a further group of boys enters at 13+ after the Common Entrance Examination; a small number of boys join the School for the Sixth Form only.

## **Moral Framework and Values**

The School aims to provide a challenging and demanding education in a friendly and supportive environment for boys of high academic promise from a variety of social, ethnic and religious backgrounds. The School is committed to addressing the personal and social development of our boys as well as preparing them academically. The School attempts to achieve these aims through a broad academic curriculum, a wide range of co-curricular activities and a well-developed pastoral system.

## **Drugs Education at Hampton**

As an independent school, Hampton is not bound by the statutory requirements above, which apply to schools in the maintained sector. However, the needs of our pupils in terms of information and guidance are no different from those of pupils elsewhere. Therefore, the School provides a comprehensive, taught programme of drug education through the Biology curriculum and PHSE lessons. Pupils may not be withdrawn from any work that forms part of the examined Biology specification.

## **Hampton Drugs Education Policy**

- The School is committed to the health and safety of its members and will take action to safeguard their well-being
- The School acknowledges the importance of its pastoral role in the welfare of young people and, through the general ethos of the School, will seek to persuade pupils in need of support to come forward as soon as possible

Hampton School believes and supports the following educational aims:

- to enable pupils to make healthy, informed choices by increasing knowledge, challenging attitudes and developing and practising skills
- to provide accurate information about substances
- to increase understanding of the implications and possible consequences of use and misuse of drugs
- to encourage an understanding for those experiencing or likely to experience substance use
- to widen understanding about related health and social issues, e.g. crime, HIV and AIDS, addiction
- to seek to minimise the risks that users and potential users face
- to enable young people to identify sources of appropriate personal support

These aims are fulfilled through aspects of the pupils' experiences in the taught curriculum, the informal curriculum and through opportunities for co-curricular activities.

## **Content of Drugs Education Programme**

All areas in bold are taught by the Biology department; other areas are taught through the PSHE programme.

### **Second Year (12-13 years)**

Pupils are taught about the effects of drugs on the nervous system as well as the effects of smoking and solvents on the respiratory system.

The topic 'Why do people smoke?' and a discussion on smoking in public places take place in Form Tutor time within the PSHE programme. When available, an outside speaker will talk to the Year Group on smoking and related issues; this will be discussed in a follow-up session during Form Period.

Discussion will also take place about the negative consequences of drinking alcohol.

### **Third Year (13-14 years)**

The Biology GCSE specification includes studying smoking and the effects of tobacco.

In PSHE lessons, pupils will work on the legal issues associated with smoking and buying cigarettes.

Pupils will also look at the effects of anabolic steroids and growth hormone and the abuse of these, including discussion of the reasons why some people choose to use these drugs.

### **Fourth Year (14-15 years)**

In Biology, students will study UV light and its association with skin cancers.

All boys will take part in a Drug Awareness Morning in order to discuss a number of issues around drug use and risk-taking; they also acquire First Aid skills relevant to the management of a drug-related incident and gain good quality information on the effects of drugs. The morning is run by both Hampton staff and youth workers from an outside agency. As part of this programme, students will also specifically study the laws regarding cannabis, nitrous oxide and MDMA and have an opportunity to discuss the effects of these on the human body. They will also consider the effects of legal drugs (tobacco and alcohol) as part of this morning.

Within the PSHE specification, the Fourth Year have a series of lessons devoted to the problems associated with alcohol, which is probably the single most widely abused drug in our society today. This will include an examination of medical effects of drinking at an early age, the role of the alcohol industry and the ways that alcohol can damage relationships.

### **Fifth Year (15-16 years)**

Pupils study the link between alcohol and heart disease and also the effects on the nervous system of a range of different drugs.

Within Biology lessons, depending on the topic being covered, teachers may use examples of both legal and illegal drugs to illustrate how drugs can affect the health of a person.

In PSHE lessons, Form Tutors are given 'Open Forum' time during which they can discuss any topic of relevance. This may well include work on legal and illegal drugs and allows the tutor to respond to the needs of the Form Group.

In the Fifth Year boys are given lessons on the dangers of the misuse of drugs and the opportunity to follow this up with a discussion lesson based on this issue. Boys also have a talk from an external speaker, whose son died from a one-off incident of drug use, with the aim of informing them of the risks of this behaviour and helping them to make good choices.

### **Sixth Form (16-18 years)**

Pupils have a talk from an external speaker on the dangers of drugs both in the Lower Sixth and the Upper Sixth.

## Organisation

- Drugs Education is primarily delivered through PSHE and within the Biology department, although some aspects may also be covered by the Religious Studies (RS), Drama and English departments.
- The Sixth Form Curricular Enrichment programme also includes speakers on the dangers of alcohol and drugs.
- GCSE RS also includes modules on personal responsibility and drugs.
- The Head of PSHE and the Biology Department staff will be responsible for the planning and delivery of the Drugs Education Programme, using a wide variety of resources.
- Drugs Education will be delivered in form group Biology lessons in the First, Second and Third Years and in Biology sets in the Fourth Year.
- The effectiveness of the Drugs Education Programme will be reviewed annually.

## Specific Issues Statements

- Issues relating to Drugs Education will be dealt with on a factual basis. No attempt will be made to promote one particular viewpoint, but pupils will be encouraged to evaluate the moral implications involved.
- Teaching will be to the group as a whole. The Government advises that teachers cannot act as confidential counsellors on drug-related matters to individual pupils.
- All teachers at Hampton are made aware of the safeguarding procedures regarding all types of abuse and receive regular safeguarding training. Any queries regarding safeguarding policy or procedures should be referred to Owen Morris (JOM - Deputy Head and Designated Safeguarding Lead) or Pippa Message (PZM - Deputy Head), Mark Nicholson (MAN – Assistant Head) and Dan Fendley (DJF – Induction Tutor), the Designated Safeguarding Officers at Hampton School.
- Pupils who are found to be in contravention of School policy with regard to illegal or controlled substances may be entered onto a specific Drugs Education Programme to help them deal with the issues involved. For more details on this programme, please contact Owen Morris or the School Counselling team.

## Communication with Parents

There will be opportunities for parents to discuss any concerns with the Head of PSHE or the appropriate member of the Biology department by arrangement, including at parents' evenings.

## Dissemination of the Policy

**A copy of this policy is available upon request for parents of pupils and members of the teaching staff. The Governing Body receives a copy of the Drugs Education Policy annually. Review Process**

The Drugs Education Policy is reviewed annually and whenever there are changes in legislation. Considerations include the views of the Biology and PSHE staff, training needs, the efficacy of current resources, outside agencies, and the views of teachers, pupils, parents and Governors.

## Members of Staff Responsible for the Drugs Education Programme:

**Phil Langton (PHL - Head of Biology)**

**Jack Talman (JHT - Head of PSHE)**