



PRAESTAT OPES SAPIENTIA

HAMPTON SCHOOL

RSE (RELATIONSHIP & SEX EDUCATION) POLICY

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Date of next review	July 2021	Reason for review	Annual review

This policy updates and replaces the previous C11 Sex Education Policy

RSE (Relationship & Sex Education)

The Sex Education Forum defines RSE as follows: “Relationships and sex education (RSE) is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. It should equip children and young people with the information, skills and positive values to have safe, fulfilling relationships, to enjoy their sexuality and to take responsibility for their sexual health and well-being.” Hampton School endeavours to follow this approach.

Statutory Guidance and provision within independent schools

The Relationships and Sex Education (England) Regulations 2019 are made under sections 34 and 35 of the Children and Social Work Act 2017, and provide that secondary pupils receiving secondary education must be taught RSE. The new subject of RSE must be taught in all maintained schools, academies and independent schools.

This act provides statutory guidance on how this should be delivered and “what pupils should know” by the end of their time at Secondary School. This policy and the RSE lessons provided at Hampton School are in accordance with this statutory guidance and ensure that all areas listed are covered in their time at Hampton.

RSE is delivered in accordance with The Equality Act 2010 which protects against direct and indirect discrimination. The Equality Act ensures that a list of “protected characteristics” are respected in all settings. RSE provision respects these. They are: Age, Disability, Gender reassignment, Marriage and civil partnership, Race, Religion or belief, Sex, Sexual orientation.

Related Policies

This policy should be read in conjunction with the Staff Behaviour, Safeguarding and Pastoral policies that explain how staff must behave and teach in order to keep children safe [School Policies](#).

Sex Education at Hampton School

The needs of our pupils in terms of information and guidance are no different from those of pupils elsewhere. Therefore, the School provides a comprehensive, taught programme of RSE through the Biology curriculum and PSHE lessons. The RSE programme will be delivered alongside the current Biology curriculum.

Members of Staff Responsible: Head of PSHE (Jack Talman – JHT) and Head of Biology (Phil Langton – PHL).

Description of School

Hampton School is an Independent day school for between 1,250-1,350 pupils aged between 11 and 19, with a Sixth Form of approximately 350-400 pupils. The majority of pupils enter the School at 11+; a further group enters at 13+ after the Common Entrance Examination; a small number joins the School for the Sixth Form only.

Moral Framework and Values

Hampton School aims to provide a challenging and demanding education in a friendly and supportive environment for pupils of high academic promise from a variety of social, ethnic and religious backgrounds.

The School is committed to addressing the personal and social development of its pupils as well as preparing them academically. Hampton School attempts to achieve these aims through a broad academic curriculum, a wide range of co-curricular activities and a well-developed pastoral system.

Aims and Objectives of Hampton School RSE Policy

Hampton School aims to provide relationship and sex education to all pupils which should:

- inform pupils about moral, emotional and health issues to enable them to make considered judgements and informed decisions when developing their own code of living

- contribute to pupils' learning about relationships, attitudes, and the way people live and work together
- help pupils to recognise the unique nature of each individual and encourage them to understand the importance of loving relationships based on mutual respect
- help pupils recognise their sexual nature as a part of the whole personality which determines what a person is and not what they can do
- reassure pupils that sexual development is a normal part of growing up and, by presenting relevant facts, helps them to come to terms with the emotional upheaval of adolescence
- actively promote fundamental British values of individual liberty, mutual respect and tolerance as well as respect for the protected characteristics listed in the Equality Act.

Organisation

- RSE is primarily delivered within the Biology Department and through PSHE, although some of the aspects will be covered by the R.S. Dept.
- The Sixth Form Curriculum Enrichment Programme also includes outside speakers talking on the topic of sex and relationships.
- RSE will be delivered in Form Group Biology lessons in the Second Year and Biology sets in the Fourth Year. It is taught in Form Groups in PSHE lessons, apart from in the Third Year when the main RSE programme is taught in smaller half-Form Groups.
- The RSE Programme, lessons and resources are monitored, evaluated and reviewed annually. This is primarily done by the Head of Biology and Head of PSHE.

Content of RSE Programme

All areas in bold are taught by the Biology Department; area in italics are taught through the PSHE programme.

First Year (11-12 years)

- *Developing an understanding of the changes which occur during puberty*
- *Understanding of Family, relationships, marriage and parental responsibilities*

Second Year (12-13 years)

- **Reproduction as one of the characteristics of living things***
- **The human reproductive system including reproductive organs and fertilisation***
- **Puberty and adolescence and the physical and emotional changes that accompany them***
- **Hormonal control of the menstrual cycle, contraception and IVF**
- **The study of the development of the foetus in the uterus and birth***
- **Introduction to contraception**
- **(All of the above topics are taught with an emphasis on Human reproduction within a long-term stable relationship)**
- *An outside speaker to discuss the impacts of puberty and relationships*
- *Awareness and development of self-esteem*
- *Lessons on consent and respectful relationships, including friendships*
- *Lesson to explain and enable understanding of The Equality Act 2010*

Third Year (13-14)

As part of third year Sex Education all of the following are covered:

- *Review the changes that take place at puberty and the structures of the human reproductive systems*
- *Raise awareness of the need to use contraception to reduce the risks of conception, or of catching STIs*
- *Raise awareness of the signs and symptoms of the common STIs*
- *Learn and practice assertiveness techniques with regards to one's own sexual choices*

- Learn the signs and symptoms of testicular cancer and how to carry out testicular self-examination
- Raise awareness of the high rates of teenage pregnancies in the UK
- Developing an understanding of the role of outside agencies in giving information and advice on relationships, contraception and sexual health
- Have an opportunity to discuss relationships, sexual orientation, consent and the laws relating to sex in the UK
- Consider the effects of the availability of pornography on the internet
- Raise awareness that students should report any sex abuse that they become aware of
- Reflect upon issues surrounding Child Sexual Exploitation and how to stay safe and avoid this.
- Understand laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.

Fourth Year (14-15)

- **Revision of the human reproductive system including reproductive organs and fertilisation***
- **Hormonal control of puberty and the menstrual cycle***
- **Foetal development (IGCSE students)**
- **Understand the role of genetic counsellors and when a person may need to use their services**
- An outside speaker will talk to the year group about HIV/AIDS and other STIs
- Review the signs and symptoms of the common STIs
- Raise awareness of the use of certain contraceptives to reduce the risk from STIs
- Consider the role of relationships and emotional maturity with regard to sex
- An outside speaker to consider the impact of pornography on attitudes towards sex and relationships

Fifth Year (15-16)

- Discuss responsible choices with reference to contraception and safer sex
- Lessons on practical steps they can take in a range of different contexts to improve or support respectful relationships, coercive control, what constitutes sexual harassment and sexual violence

***N.B. parents cannot withdraw pupils from these lessons as they are part of the national curriculum.**

Lower Sixth (16-17)

- An outside speaker will come in and remind students of signs, symptoms and methods of transmission of STDs and STIs as well as where they can be tested and how to get help with these from the NHS.

Upper Sixth (17-18)

- An outside speaker will come in and speak about behaviour, relationships and issues surrounding sex at university

All year groups, from First to Upper Sixth, will have time in PSHE lessons to consider how to stay safe online and be made aware of issues surrounding Child Sex Exploitation online. In other areas of the PSHE curriculum they have lessons on Physical Health and Mental Wellbeing covering all aspects listed in the Statutory Guidance on RSE and Health Education.

Specific Issues Statements

- Issues such as contraception, homosexuality, abortion, AIDS, HIV and STIs will be dealt with on a factual basis. No attempt will be made to promote one particular viewpoint, other than to promote the fundamental British values of individual liberty, mutual respect and tolerance, but pupils will be encouraged to evaluate the moral implications involved.
- Teaching will be to the group as a whole. The Government advises that teachers cannot act as confidential counsellors on sexual matters to individual pupils.

- Parents are informed that they may withdraw their child from Sex Education within the RSE curriculum. This does not include lessons in Biology that are part of the National Curriculum and parents may only withdraw their children up until the age of 16. Parents are informed when Sex Education lessons are coming and offered the chance to withdraw at these times. Any queries or concerns should, in the first instance be addressed to the Head of PSHE. No reasons need to be given by parents wishing to withdraw their child, but a written application will be necessary.
- Parents considering withdrawal should give thought to the fact that a child's ignorance or misinformation of such matters could expose him to embarrassment, distress and possible exploitation. It is likely that they will receive the information second-hand from their friends outside the classroom.
- PSHE lessons and resources are produced in consultation with the Learning Support Department in order to consider SEND needs. Efforts are made when producing resources and in delivery by form tutors of PSHE to ensure that all pupils are able to access the curriculum. This includes visual presentation, delivery of information in small accessible parts and the personal knowledge of form tutors of members of their forms to take into account individual needs.
- All teachers at Hampton are made aware of the safeguarding procedures regarding all types of abuse and receive regular safeguarding training. Any queries regarding safeguarding policy or procedures should be referred to Owen Morris (Deputy Head – Designated Safeguarding Lead), or to Pippa Message (Deputy Head - Designated Safeguarding Officer), Mark Nicholson (Assistant Head - Designated Safeguarding Officer), Polly Holmes (Designated Safeguarding Officer) or Victoria Smith (Designated Safeguarding Officer).

Communication and Consultation with Parents

There will be opportunities for parents to discuss any concerns with the Head of PSHE or the appropriate member of the Biology department by arrangement, including at parents' evenings.

Parents are communicated with and consulted when the policy is updated. Their views and feedback are gathered and decisions whether to act upon it will be taken by staff. Third Year parents are communicated with annually prior to delivery of the RSE elements of the PHSE Programme in that year and offered the opportunity to comment and discuss this with the Head of PSHE at that time.

Dissemination of the Policy

A copy of this policy is available upon request for parents of pupils and members of the teaching staff. The Governing Body receives a copy of the RSE Policy annually.

Review Process

The RSE Policy is reviewed annually and whenever there are changes in legislation. Considerations include the views of the Biology staff, the Head of PSHE, training needs, the efficacy of current resources, outside agencies, and the views of teachers, pupils, parents and Governors.